

# Get Out of the Mud

Ever felt trapped by life's challenges? Come and hear Rob's story about how his life was restored and renewed

## LUNCHEON

Downtown Baltimore CBMC

Presents

Robert A Bullock,

Executive Director / Co-Founder  
ROMIHU Enterprises, Ltd. Center



Robert earned a B.A. degree from Salisbury University and served as a public relations and marketing professional in the real estate industry, where he gained experience organizing special events and specialty campaigns such as "Harvest for the Hungry" food drive, "Toys for Tots" toy drive, and "Race for the Hungry" food drive. His entrepreneurial spirit led to the creation of an entertainment company that promoted and distributed music by local artists. When the real estate bubble burst, the corporate employment ended suddenly.

Unable to get back into a professional job, Rob turned to employment as a Bartender and food server to make ends meet. That lifestyle exasperated the internal pain Rob felt during a series of traumatic events to include the death of a family member and several severe and debilitating health issues. Rob sought comfort in alcohol and in deep despair attempted suicide. He felt as if he was stuck in a pit of quicksand and helplessly sinking to his doom with no way to escape...then he began the recovery process that began at Shoemaker Center in Sykesville and continued at Baltimore's Helping Up Mission.

Through his trust in God and a successful holistic recovery process, he experienced healing. He completed the 365-day program and became passionate about helping others become restored and renewed as they recover from addiction related issues. Rob co-founded the non-profit organization Romihu Enterprises, Ltd., where he leads a weekly recovery meeting called "The Restoration & Renewal" meeting at United Evangelical Church in Canton.

Robert most recently joined HopeSprings as Co-Director of Faith Community Outreach where he supports his community in increasing awareness and building human resource capacity for HIV, health discrepancies, and associated stigma in Baltimore. He also launched a marketing and media company called EMERGE, LLC with its focus delivering educational products. Rob lives in Baltimore and enjoys working out, grilling any season of the year, taking peaceful walks, and watching the Ravens.

*Come and bring a friend!*

Date & Time: Friday, October 21, 2016  
Networking 11:30 AM  
Luncheon 12 Noon to 1:00 PM

Place: World Relief  
7 East Baltimore Street  
Baltimore, Maryland 21202

Cost: \$10.00 Please Register  
and pay online at

[www.cbmc.com/events](http://www.cbmc.com/events)

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